

EXPOSing diabetes

Gold Coast Program – Saturday, 17 November 2018

TIME	PRESENTER
8:30am – 9:00am	Registration & trade show
9:00am – 9:15am	Welcome and housekeeping Steve Flint – Diabetes Queensland
9:15am – 10:15am	Type 2 diabetes – understanding the condition Dr Konrad Kangru – General Practitioner
10:15am – 10:30am	Diabetes Queensland – <i>in conversation</i> Julie O'Donovan - Diabetes Queensland
10:30am – 11:00am	Morning tea & trade show
11:00am – 11.45am	Blood glucose monitoring – why, when and how Karen Thomas – Credentialed Diabetes Educator
11:45am – 12:30pm	Love food and eat well Steve Flint – Accredited Practising Dietitian
12:30pm – 1:30pm	Lunch & trade show
1:30pm – 2:15pm	Incorporating exercise into your daily life Matthew Wratten – Exercise Physiologist
2.15pm – 2.50pm	Diabetes and wellbeing – how to build your happiness bank Claire Massingham – Happiness Consultant
2:50pm – 3:00pm	Lucky door prize and close