

EXPOSing diabetes

Kingaroy Program – Saturday, 20 October 2018

TIME	PRESENTER
8:30am – 9:00am	Registration & trade show
9:00am – 9:15am	Welcome and housekeeping Michelle Tong – Diabetes Queensland
9:15am – 10:15am	Type 2 diabetes – understanding the condition Dr Miles Meyrick – General Practitioner
10:15am – 10:30am	Diabetes Queensland – <i>in conversation</i> Diabetes Queensland
10:30am – 11:00am	Morning tea & trade show
11:00am – 11.45am	Blood glucose monitoring – why, when, how Allison Merton – Credentialed Diabetes Educator
11:45pm – 12:30pm	Love food and eat well Linda Uhr – Accredited Practising Dietitian
12:30pm – 1:30pm	Lunch & trade show
1.30pm – 2.10pm	Incorporating exercise into your daily life Michaela Hurt – Exercise Physiologist
2:10pm – 2:50pm	Building your happiness bank Claire Massingham – Happiness Consultant
2:50pm – 3:00pm	Lucky door prize and close